



# Pilates Mat Application

---

Name

---

Address

---

City ST Zip

---

Phone Email

## **Registration**

*Deposits are due 2 weeks prior to program start and are completely refundable given one week notice prior to program start date. Balance of tuition due by or on start date of program. You may register for more than one program.*

### **LindaFit Pilates Mat Teacher Training Program: \$1,250**

\$450 Deposit due 2 weeks prior to program start. You may also pay by PayPal, cash or check. Includes Core Anatomy, Pilates Mat Repertory and two Practice Teaching Sessions)

\*\* Please indicate which dates you want to participate in: \_\_\_\_\_

### **LindaFit Core Anatomy (Taken as 8 cec workshop): \$450**

\$200 Deposit due 2 weeks prior to program start. (cash or check only). \$250 for certified LindaFit teachers or those retaking the course.

### **LindaFit Pilates Mat Repertory (Taken as 8 cec workshop): \$500**

\$225 Deposit due 2 weeks prior to program start. (cash or check only)

### **LindaFit Pilates Intermediate/Advanced Repertory (4 cec workshop): \$250**

\$100 Deposit due 2 weeks prior to program start.

### **LindaFit Pilates Anatomy-Special Topics (3 cec workshop): \$100**

\$50 Deposit due 2 weeks prior to program start.

### **LindaFit Pilates Props (3 cec workshop): \$100**

\$50 Deposit due 2 weeks prior to program start (doesn't include the cost of the prop).

- Miniball
- Stretch band
- Magic Circle
- Yoga Block

### **LindaFit Pilates Mat Variations (3 cec workshop): \$100**

\$50 Deposit due 2 weeks prior to program start.

**SEE LINDA FOR EXACT DATES!**

Please email this form to: [Linda@LindaFit.com](mailto:Linda@LindaFit.com)

Or mail this form to: LindaFit 130 Lenox Ave, #408 New York, NY 10026