



Pilates Mat Application

www.LindaFit.com

Linda@LindaFit.com

PH # 212-969-0190

666 West End Avenue # 16 T, New York, NY 10025

Name

Address

City

ST

Zip

Phone

Email

Registration and Program Dates

Deposits due 2 weeks prior to program. All deposits are completely refundable given one week notice prior to program start date. Balance of tuition due by or on start date of program. You may register for more than one program.

Please Circle Date:

Pilates Mat Certification Program: \$520

(Includes Basic Anatomy, Pilates Mat Level I, and Practice Teaching)

- **July 8, 28-29, August 12** Application and \$200 deposit due June 24.
- **September 23, 29-30, October 14** Application and \$200 deposit due September 9.
- **November 11, 17-18, December 2** Application and \$200 deposit due October 28.

Basic Anatomy (Workshop Only): \$75

- **July 8** Application and \$37.50 deposit due June 24.
- **September 23** Application and \$37.50 deposit due September 9.
- **November 11** Application and \$37.50 deposit due October 28.

LindaFit Pilates Mat Level I (Workshop Only): \$400

- **July 27-29** Application and \$200 deposit due July 13.
- **September 28-30** Application and \$200 deposit due September 14.
- **November 16-18** Application and \$200 deposit due November 2.

Pilates Mat Training II: \$150

- **October 28** Application and \$75 deposit due October 14.

Pilates Mat Training III: \$150

- **September 9** Application and \$75 deposit due August 26.

LindaFit Triad Ball Workshop: \$75

- **October 27** Application and \$37.50 deposit due October 13.

LindaFit Mat Variations: \$150

- **August 26** Application and \$75 deposit due August 12.
- **October 28** Application and \$75 deposit due October 14.

Special Package Weekend Program): \$200 \$25 off normal combined price!

- **October 27-28 Triad Ball and LindaFit Variations**
Application and \$100 deposit due October 13.

Please answer the following questions:

1. Please explain the extent of your Pilates training and knowledge.

2. Do you have teaching experience of any kind? If yes, please give a brief history.

3. What are your teaching goals in taking this certification course?

4. Do you have any injuries that would limit you in physically participating in the course?

5. How did you hear about our educational programs? Who referred you to us?

6. Have you ever studied dance, gymnastics, athletics, or other movement disciplines?
Please list.

7. Upon completion of the course, would you be interested in participating in Linda's placement network?

I understand that admittance is dependant upon appropriate background, experience, and training. I further understand that all applications must be submitted along with a deposit. Please return application directly to Linda Farrell by mailing it to the address above or handing to her in class.

Signature

Date